BUILDING RESILIENCY

We will discuss the process and experience of being disrupted by life challenges, going through stages of emotional distress, experiencing insights and aha moments, and then accessing innate strengths to not only recover but grow through adversity. You will identify personal sources of strength and flexibility to access your own ability to thrive throughout challenges in life. You will learn how to deal with burnout, vicarious trauma, and how to increase your support system.

WHEN May 12th, 2018 9am - 3pm

WHERE

Robert S. Sanderson Community Center 5709 South 1500 West Salt Lake City, Utah

LUNCH INCLUDED

UTRID is an Approved RID CMP Sponsor for Continuing Education Activities. This PS program is offered for .55 CEUs at the Little to None Content Knowledge Level for practicing interpreters. Register and request accommodations at utrid.com For Refund/Cancellation please contact treasurer@utrid.com

WWW.UTRID.COM





REGISTRATION REQUIRED

\$60 UTRID Member \$95 Non-Member UTRID.com

PRESENTED BY

Priscila Monteiro M.S. HP & Edu

CEU/CEH

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